

App	ointm	ent Date:
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It is very important to your care that these tests are performed. Please be on time for your testing appointments. There is a \$50.00 late cancellation / no show fee.

NERVE CONDUCTION STUDY (20 minutes per extremity) A test to check the health of the nerve. The nerve will be stimulated and the response recorded.
No lotion, oils or creams on the skin
UPPER EXTREMITIES (arms, shoulders, necks) - short sleeve shirt
LOWER EXTREMITIES (lower back, hips, legs) Shorts & shoes that are easy to slip on and off
ELECTROMYOGRAPHY (EMG) (20 minutes) A tiny pin is inserted into the muscle and records the response the
communication of the musclesNo lotion, oils or creams on the skin UPPER EXTREMITIES (ARMS) - short sleeve shirt
LOWER EXTREMITIES (LEGS) - shorts & shoes that are easy to slip on and off
BRAIN AUDITORY EVOKED RESPONSE (BAER) (15 minutes) Four electrodes are attached to the scalp with paste. You will listen to a clicking sound through a set of head phones
Hair must be washed the night beforeNo hairsprays, gels, conditioners, or hair pieces
Hair must be completely dry
VISUAL EVOKED POTENTIAL (VEP) (15 minutes) Three electrodes are attached to the scalp with paste. You watch a checkered TV screen with each eye covered in turn.
If you wear glasses at any time, please bring them with you
REPETITIVE STIMULATION STUDY Stimulates the nerve repetitively to test the nerve stamina. Wear a short sleeve shirt with no lotion or oils on the skin
If you are on MESTINON, please do not take for at least 12 hours prior to study!!!
SOMATOSENSORY EVOKED POTENTIAL Four electrodes are attached to the head with paste. We stimulate the
wrist or the ankle. You will feel a tapping sensation and the thumb or big toe will jump. The test records the time it takes the response to travel to the brain. Hair must be washed the night before, completely dry
No hair products or hair pieces
CAROTID DOPPLER Ultrasound of the carotid artery in the neck. Do not wear a turtle neck, high neck shirt or scarf to this appointment
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ELECTROENCEPHALOGRAM (EEG) (45 minutes) 21 electrodes are attached to the scalp with electrode paste
and records your brain activity for 20 minutes. There will be paste left in the hair that can be dissolved easily with warm water. You will leave with messy hair!!!
Hair must be washed the night before the testNo hairsprays, gels, conditioner, hair pieces, wigs or weavesHair must be dry.
IF THIS IS CHECKED YOUR TEST IS SLEEP DEPRIVED: WAKE UP AT 3AM AND STAY

AWAKE UNTIL YOUR SCHEDULED APPOINTMENT TIME!!!!